



**Go the Bears Go Philosophy**  
**Have Fun Gain Fitness Acquire Skills**  
**Develop Friendships in a Safe and Supportive Environment**  
**Water Polo, Another Water Sport, Not Just Another Ball Game**

**Free Come and Try for prospective Water Polo and**

**Flippa Ball players:** Sunday 20th September ACLC, commencing 2.30pm.

This will be an opportunity to sign-on, experience some in-pool water polo coaching as well as enjoy a social sausage sizzle.

**A committee meeting** will be held at the Newmarket Hotel out-door area from 6.30 this Wednesday evening to finalise training times, pools etc.

**QWPI Newsletter:**

<http://www.waterpoloqld.com.au/upload/documents/2009821123924Edition29.pdf>

The Time Out  
Friday August 21, 2009

Edition 29 - August 2009

[HTTP://OUTSIDE5M.BLOGSPOT.COM/](http://OUTSIDE5M.BLOGSPOT.COM/)

FRIDAY, SEPTEMBER 11, 2009

**U12 Weekend of Water Polo Tournament**

Water Polo Queensland will be hosting their inaugural 'U12 Weekend of Water Polo Tournament' and invite your school to nominate a team to compete at the weekend. With the emphasis on fun and enjoyment, we hope that your school will be interested in coming along and joining in. It will be a requirement that each player must be a registered player with Water Polo Queensland. The cost for this registration is \$28-00 as per the circular.

Should you have any queries, please do not hesitate to contact Water Polo Queensland on 33671661 or by email to [andre@waterpoloqld.com.au](mailto:andre@waterpoloqld.com.au) We look forward to hosting your school at this first ever tournament.

**Notations from PBB Issue # 4**

- ACLC requests water polo Pool Cards from last season.
- Past players not returning this season are requested to indicate this please by return email asap.
- A variety of roles are still available. Feel free to offer your skills.
- Brad Griffith, a Level 2 Referee will conduct again this season, referee and table official classes.
- Registration fees are required
- Club Meetings held on the last Monday of each month
- Flipper Ball will be run during Terms 4 and 1 on Thursday evenings from 6pm to 8pm Sandgate State School pool.

<http://awpiwaterpolocoach.blogspot.com/>

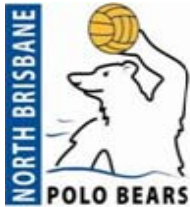
Monday, August 10, 2009

**FINA Congress Makes Minor Changes to the Rules 2009** and continues on next page:

- The secretary must raise a yellow flag when allowing the re-entry of a player after a brutality foul
- The allowance of a penalty shootout being staged at one end of the pool only should the elements demand this
- That if a field player is excluded during a penalty shootout, his position would be wiped and the replacement shooter would be placed at the bottom of the rota

- That if a game, or portion of a game has to be replayed, then fouls, goals and timeouts during the time of the game to be replayed shall be wiped. However, brutality and misconduct fouls or red cards will remain
- That should timeouts not be utilised in a match, they can be used in extra time as well as the third timeout
- The toss of a coin for ends has been eliminated with the team mentioned first having white caps and start from the left of the table
- That no player starting or restarting a game can push off the goal
- Some minor adjustments to the wording of the neutral throw rule
- Confirming that when a shot is taken and blocked by a defender and the ball rebounds out the side of the pool that the defending team gains the free throw
- If a goalkeeper is given the ball near the end of the game and he holds on to it until time expires then good luck. Wasting time is eliminated.
- That an excluded player may exit the playing field at any stage to get to the re-entry box. This means a player may swim down the side of the field of play to reach the box, raise the head in the box and then exit the pool. In the past the player had to stay in the field of play to get to the box or go behind the goal. It was not allowed to swim down the side of the pool. The excluded player does not need to wait for the substitute to reach the box before exiting the pool.
- Confirming that an excluded player for misconduct must leave the competition area and that if a player is excluded during interval time then the he or she shall be replaced immediately and the new player can be involved in the restart.
- Should the referees call a brutality foul at the same time on opposing team members then

- the team in possession shall have the first penalty throw, followed by the second team. The team that was in possession should then have the ball at the restart line (halfway). Should a brutality foul occur in the interval period, no penalty shot is awarded but the team shall play one man down for four minutes.
- Some minor adjustments of the rule regarding double exclusions;• An excluded player re-entering the game improperly shall now NOT be excluded for the rest of the game but just have an extra exclusion foul recorded against him/her
  - Tidying up the two-handed defence rule
  - Confirming that referees start and restart matches while standing at opposing 5m lines
  - A yellow card to be issued to a player if the referee feels that player is simulating fouls. Persistent simulations earn a red card and exclusion from the game
  - Cleaning up the double exclusion rule, making sure the ball is taken from the water
  - With the awarding of simultaneous penalty shots for opposing teams (rare, but it can happen and is a question in the Level II refereeing course), the team in possession of the ball shoots first and regains the ball after the second penalty shot
  - The referee must signal exclusion for misconduct with the rotate of the hands AND the showing of a red card
  - That if a player is excluded for brutality the above occurs with the addition of the crossed arms in between.



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Following our meeting last night the following was determined by the Committee

### **Boys**

Under 13 boys: Sunday 8.30 to 10 am

Under 14 boys: as above

**Coaches: Dan and Phil**

Under 13 boys; Tuesday from 5.45 pm

Under 14 boys: Tuesday from 5.45pm

Under 16 boys: Tuesday from 6.30 pm

Under 16 boys: Thursday from 5.45 pm

**Coaches: Derek and Rick**

Under 18 boys: Will train on Tuesday at All Hallows –  
Time to be confirmed.

Under 18 boys: Friday from 5.45 Albany Creek

### **Girls**

Under 13 Girls: Sunday 8.30am Albany Creek

Under 13 Girls: Thursday 5.45 pm Albany Creek

**Coaches: Elliot and Carlie**

Under 14 Girls: Sunday 8.30am Albany Creek

Under 14 Girls: Thursday 5.45pm Albany Creek

Under 15 Girls: Monday 5.45 pm

Under 15 Girls: Thursday 5.45pm

**Coaches: Fiona and Nicole and Hamish**

Under 16 Girls: Monday 5.45pm

Under 16 Girls; Friday 5.45pm

**Coaches: Alex and Jess**

Under 18 Girls: Monday 5.45pm

Under 18 Girls: Friday 5.45pm

**Ladies Wednesday night at Splash Chermside from  
7.00pm**

Muster day will be the 27<sup>th</sup> of September

Training will commence on the first week back from School Holidays.

Note that we will subject to request make pool time available on Sunday afternoons during the school holidays for training.

### **Flippa Ball**

To be confirmed and subject to pool allocation times.

Cost for the programme is \$100 which will cover pool time, coaching.

At the Polo Bears, it is acknowledged that not all coaches are available to be at all training sessions or able to be pool side at all games.

Therefore, a model whereby 2 or more coaches may work as a team to ensure all training sessions have coaches pool side and a coach and referee on game day.

Could we ask please, that questions are directed in the first instance to your team managers (when appointed) or to you age coordinator?

Junior boys:

Fi Spicer [fispicer@bigpond.com](mailto:fispicer@bigpond.com)

Murray Smith [smithmwjv@bigpond.com](mailto:smithmwjv@bigpond.com)

Junior girls:

Christine [descovich@westnet.com.au](mailto:descovich@westnet.com.au)

Men:

Simon

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Ladies:

Julie

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Bree

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Please feel free to send articles for inclusion via return email.

Regards,  
Tony  
Treasurer