



## Go the Bears Go Philosophy

Have Fun Gain Fitness Acquire Skills

Develop Friendships in a Safe and Supportive Environment

Water Polo, Another Water Sport, Not Just Another Ball Game

Read about our Polo Bear players-  
16 and Under New Zealand Tour Blog  
from QWPI

**In collaboration with WATERPOLOSTAR, Polo Bears  
are delighted to offer STAR Youth Program 2009**

All Coaches & Referees – if you would like to  
participate in the Waterpolostar winter program  
please contact Dan Marsden at the address below.

**Commencing**

Sunday 26<sup>th</sup> July

**Finishing**

Sunday 6<sup>th</sup> Sept

**Venue**

Albany Creek Leisure Centre

**Sunday: 2.30pm - 4.00pm**

**Tuesday: 6pm-7.30pm**

**Fri day: 5.30pm – 7pm**

Program comprises 19 x 1.5hr sessions

**Cost**

\$250 / polo bear member or \$275 / non member

**Discount**

10% family discount for 2+ family members  
(10% off total)

**Coaches**

Dan Marsden, Naomi McCarthy and Raf Sterk



**Register now online at:**

[www.waterpolostar.com](http://www.waterpolostar.com)

or contact the admin team at

[admin@waterpolostar.com](mailto:admin@waterpolostar.com)



**Flippa Ball during 3<sup>rd</sup> term  
Sunday afternoons at Sandgate**

for children aged between 8 and 12 years.  
It is a fun, simple game that can be played  
by all children regardless of their height,  
gender and most importantly of all, their  
swimming ability. Being a modified version  
of water polo, Flippa Ball™ is played in the  
shallow end of the pool so that the children  
may use the bottom of the pool to rest and  
for added security and safety.

Today's Polo Bears Water Polo players  
Tomorrow's OLYMPIC HEROS  
[www.polobears.com.au](http://www.polobears.com.au)

The boys did quite well at Under 14 East Coast  
Challenge in Sydney.

The A team contained all 5 Polo Bears , Jaimes  
Arbon (goalie), Jedaki Smith, Callum Smith, Tom  
Milliken and Owen Gillott.

They went through the tournament undefeated in  
round games only to lose the Final 9-6 to NSW .  
Not a bad effort and ended up with a Silver Medal.

Qld B team came a close 4th , going down by a goal  
to NSW B team.

**Sunday 16th August**

**1.00pm - Season Sign On**

**3.00pm – AGM**

**Sunday 26th July**

**First Session**

Waterpolostar S.T.A.R Winter Program

**Featuring:** Multi-Olympian Coaches

▪ Queensland KFC Breakers NWPL Players

▪ All Afternoon Sausage Sizzle

**Venue :** Albany Creek Leisure Centre

**2008 – 2009 WATER POLO QUEENSLAND AWARDS NIGHT**  
'A CELEBRATION OF OUR SPORT'

The 2008 – 2009 Water Polo Queensland Awards Night  
will be held on Friday, 18<sup>th</sup> September, 2009 at the  
Ballymore Rugby Club commencing at 6:30pm.

This truly prestigious and important event will once again  
showcase and recognise the outstanding achievements of  
volunteers, coaches, officials and athletes involved in all  
aspects of water polo in Queensland. The night will also  
feature the annual induction of members into the Water  
Polo Queensland Hall of Fame.

## State Championships

**Under 14 State Championships**

**(born 1996 or later):**

5th – 7th December 2009 – Brisbane venues to be  
advised

**Under 18 State Championships**

**(born 1992 or later):**

10th – 12th December 2009 – Brisbane venue/s to be  
advised

**16 and Under State Championships**

**(born 1994 or later):**

9th – 11th April – Venue to be advised