



## **North Brisbane Water Polo Club Inc.**

PO Box 89 Aspley 4034

[www.polobears.com.au](http://www.polobears.com.au)

**Water Polo is a fantastic sport for children, teenagers and adults.**

**It is a great team sport with a pathway to representative opportunities at State and National levels.**

**Water Polo is a safe sport which develops friendships, strength, aerobic fitness, swimming skills and coordination.**

**Kids just love the sport once they try and parents are astounded at the games excitement.**

**The Polo Bears will be holding come and try sessions for all age groups over a four week period commencing;**

**Sunday the 11th of July from 2 pm for 2.30 start until 4 pm**

**The trials will be held at Albany Creek Leisure Centre.**

**For more details please**

**Email our registrar**

**[gina@waterpoloqld.com.au](mailto:gina@waterpoloqld.com.au)**

**[adalbon@optusnet.com.au](mailto:adalbon@optusnet.com.au)**

**Or register online via our website**

**[www.polobears.com.au](http://www.polobears.com.au)**